The Meeting Pulse™

Increases traction, accountability, communication, team health, and results

- The moment of truth
- Routine, heartbeat, spike, cadence
- Right hand … left hand
- Same day, same time, same agenda, starts on time and ends on time
- Keep the circles connected

Annual (2 days)
- Company vision
- 1-year plan

Quarterly (1 day)
- Review V/TO™ and previous quarter’s Rocks
- Establish next quarter’s Rocks
- Resolve key issues

Weekly (90 minutes)
- Numbers and Rocks on track
- Employee and customer satisfaction
- Resolve issues